

Moisturizer For Acne Skin - What You Can Do For Healthy And Hydrated Skin

Tons of people all over the place are searching for the best moisturizer for acne prone skin. A lot of them are not sure of what exactly they should be looking for and don't really know the best options for them. Regrettably, most people will take any old moisturizer they see on the store shelf and think it will be work just fine for them. This is the exact opposite of what you ought to do. You should at least make sure you pick something non-comodogenic. One's that aren't will be too thick or greasy, leading to even more clogged pores and breakouts. When I was younger, I even bought a maximum strength moisturizer and put a huge amount on my face. Imagine my dismay when I woke up with a batch of new pimples and I even found out I was allergic to the product on top of that! Hopefully by now, most people with acne prone skin go for non-comodogenic types when looking for the moisturizer for acne prone skin. What's good about these is that they're made specifically to not clog pores. For maximum effectiveness, you should really put on two very, very light coats instead of one large one. This helps keep your pores from getting clogged while providing maximum effectiveness. Something else that you can do is add two ingredients into your moisturizer to increase its effectiveness. Those two ingredients are AHA or alpha hydroxy acid and Jojoba Oil. AHA's increase the effectiveness of moisturizers as they help smooth out your skin and help prevent breakouts by keeping pores clear. Jojoba will help turn an ordinary moisturizer into a super moisturizer for acne prone skin because it closely mimics the natural oils on our face, really maximizing ordinary products. The skin is also tricked in a way, thinking it has already made enough sebum so it dials down production. While these are some good options, I think a completely natural route is the best way to go when looking for the best moisturizer for acne prone skin. Moisturizers, no matter how gentle they are or claim to be, are still at their roots chemicals. Our skin was not made to accept chemicals and moisturizers can also have a very adverse affect on the skin. They work by pinching the pores shut which helps retain water. This pinching can lead to more breakouts and just isn't very good for you. What you CAN do is make a superb and completely natural moisturizer that not only keeps your skin hydrated, but also heals it and makes it look good at the same time. All you need is that Jojoba I mentioned and some Aloe Vera Gel. Both are very easy to find, but when looking for aloe vera gel, make sure it's at least 98% pure. When you combine a little of each product in your hand, they mix to form the absolute best moisturizer for acne prone skin that I've ever found. These all natural ingredients won't do anything harmful to your skin and can help clear away blemishes more quickly while making your skin look radiant. I've always been a huge advocate of natural products and methods to clear away acne. I think this is the very moisturizer for acne prone skin and I hope you give it a try.